

# The Edith M Ellis 1985 Charitable Trust

## Articulate

#GR5TXZKXQD submitted on 19 January 2023

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### **1.1 Please summarise what you are seeking from us**

Articulate plan to offer therapeutic creative sessions to young people who need it most. We propose to develop our work in partnership with Cranmead who support young unaccompanied asylum seekers across Brighton. This collaboration has been requested directly by Cranmead and organisation set up by local Brighton community members following a successful pilot in 2022. We wish to develop our bi-weekly sessions in the care homes offering respite and a voice their experiences and stories.

### **1.2 Tell us more about your project, the impact it will have on those it aims to help, and why you consider the proposed approach to be innovative**

Using our newly developed pioneering therapeutic arts methodology Articulate will run a series of creative workshops for young people living across multiple Cranmead supported accommodation sites in East Sussex. Cranmead is an organisation that supports vulnerable, young people and adults with a variety of needs to develop, build independence and reach their full potential. Young people are forced migrants from across the globe, all are unaccompanied minors. Cranmead provides a high standard of accommodation for residents aged 16+. Young people are able to develop and build on their strengths and enable them to make informed, age-appropriate decisions, concerning their present and future so they can achieve a successful transition into independence and adulthood. They prevent residents from becoming homeless or socially excluded and to enable them to maintain a tenancy when they leave care or support services. Residents have a variety of needs including; mental health issues, drug and alcohol use, self-harming behaviours, gang involvement and self-regulation issues. Once Cranmead has met all the primary needs of the residents such as food and shelter Articulate will offer our tried and tested mental health intervention. Will use our main intervention, a drop-in style open studio where a wide variety of art materials are made available, unrestricted by any directive outcome. By sharing their stories through the process, young people are free to express themselves and feel listened to, understood and supported, in a place of empathy and compassion. This project will run for one year and will benefit up to 35 residents with bi weekly sessions being run in the care homes themselves. This project will be advertised internally to all Carnmead residents and will become part of their core therapy programme. This project is an extension of our previous Lottery funded projects that worked in safe houses for women fleeing domestic violence. The success of that project has generated significant interest in our work. This project will support young people's mental health by creating new opportunities to process their experiences through the language of art.

### **1.3 Which grant-giving categories does your project fulfil?**

E - Work with forced migrants, including internally displaced people

#### **1.3e Work with forced migrants, including internally displaced people**

Articulate will run a series of creative workshops for young people living in a Cranmead supported accommodation site. Cranmead is an organisation that supports vulnerable, young people with a variety of needs to develop, build independence and reach their full potential. Young people are forced migrants from across the globe, all are unaccompanied minors.

### **1.4 Which country is the project based in?**

United Kingdom (GB)

### **1.5 Will the project continue after initial funding has ended?**

No

### 1.6 How will the project be monitored and evaluated?

We will implement a project evaluation framework with external evaluator, Sonia Raspberry. The approach will include a baseline formative & summative assessment of participants & an evaluation of the success of the programme undertaken with staff, partners & participants. The CORE outcome measure (CORE-10) is a session-by-session monitoring tool with items covering anxiety, depression, trauma, physical problems, functioning, and risk to self.

### 2.1 Expenditure

EXPENDITURE ITEM	AMOUNT	NOTES
Artist fee £200 per session x 20 sessions	£4,000	We use the Union of Artists pay to valuate fees
Art materials per session x £25	£500	
Meals for each session x £25	£500	
TOTALS	£5,000	

### 2.2 Income

INCOME SOURCE	TARGET AMOUNT	AMOUNT RAISED	NOTES
Project management at fee of £250 a day x 5 days	£1,250	£1,250	From private donation
	£0	£0	
TOTALS	£1,250	£1,250	

### 2.3 What is the total amount (in £ sterling) your organisation is requesting from The Edith M Ellis Trust?

£5,000

### 2.4 Has your organisation made an application to The Edith M Ellis Trust before?

No

### 2.5 Please state your organisation's annual turnover (in £ sterling)

£68,027

### 2.6 Do you wish to upload your audited accounts or financial statement?

Yes

#### 2.6b Upload File

[https://theedithmellischaritabletrust.org/assets/uploads/2023/01/2022-ArticulateArtsLimited\\_30062022.pdf](https://theedithmellischaritabletrust.org/assets/uploads/2023/01/2022-ArticulateArtsLimited_30062022.pdf)

### 2.7 Please tell us where payment should be made if your application is successful

Ar<culate Arts LTD  
65867301  
089299

### 3.1 Your name

Lynn Weddle

**3.2 Your contact telephone number**

07967719137

**3.3 Your position within the organisation**

Director

**3.4 Your email address**

[lynn@articulate.global](mailto:lynn@articulate.global)

**3.5 Organisation name**

Artiuclate

**3.6 Please state the status of your organisation**

UK charity

**3.7 Please summarise what your organisation does**

For disadvantaged young lives — facing such difficulties as domestic violence, abuse, homelessness or refugee status — ARTICULATE provides creative safe spaces where they can use art to build a sense of self-worth that leads to enduring personal resilience.

**3.8 UK correspondence address for organisation**

3 Arlington Gardens,  
Saltdean,  
Brighton,  
East Sussex,  
BN2 8QE

**3.9 UK telephone number**

07967719137

**3.10 UK charity number (if applicable)**

104546

**3.11 Year established**

2010

**3.12 Website (if applicable)**

<https://www.articulate.global>

**3.13 Social media accounts (if applicable)**

<https://www.instagram.com/articulatearts/>

<https://www.facebook.com/articulate.global/>

**4.1 How did you hear about The Edith M Ellis Trust?**

fundingforall.org.uk