

# The Edith M Ellis 1985 Charitable Trust

## Kazzum Arts Project (known as Kazzum Arts)

#GQYHSRTZB1 submitted on 30 September 2021

---

### 1.1 Please summarise what you are seeking from us

We are seeking funding towards creative workshops for young people from migrant communities (mainly young refugees and asylum seekers). We will run a series of workshops with five groups across London, before bringing them together at the end of the project, reducing isolation and improving wellbeing.

### 1.2 Tell us more about your project, the impact it will have on those it aims to help, and why you consider the proposed approach to be innovative

We are seeking funding for wellbeing workshops for young people (aged 14-25) from migrant communities, working in different locations across London

#### NEED

Kazzum Arts has been working with the migrant community for 15+ years, through our Pathways programme, and we know that young refugees, asylum seekers and migrants are at a high risk of experiencing exclusion, isolation, prejudice and mental health issues:

- 58% of young refugees said that their biggest challenge was loneliness and isolation, due to loss of family and friends, lack of social networks (research by the Forum)
- 27% of young refugees reported experiencing physical or mental health issues because of loneliness (Forum research). The Children's Society reports that young people from migrant communities face racist bullying, loss of identity, lack of concentration, and mental health issues, etc.

In addition, the young people have been deeply affected by the pandemic, feeling more disconnected and isolated, with increased levels of stress, anxiety and frustration amongst the young people.

Consultation found that 100% of agencies consulted confirmed that there is a need for our work, and it meets a gap in existing provision. They noted high levels of trust in Kazzum, recognition of our expertise, flexibility of our approach, and ability to reach multi-language groups.

We know from our previous work that for young people from migrant communities, their life chances, independence, resilience and ability to fully participate in their communities, depends greatly on addressing the trauma, emotional and mental health issues that they experience.

#### DELIVERY

We will work with five different groups, running five creative wellbeing sessions for each group. At the end of the project, we will bring all the groups together to share their work, highlighting the experiences of young refugees and asylum seekers to the wider community.

The workshops will create spaces where young people can connect with each other and take part in creative activities which promote self-expression and help to regulate stress. The workshops will offer a range of activities including visual arts, music and poetry which enable young people to reflect on, and capture, their experiences.

The workshops incorporate our trauma informed approach and focus on the mental health needs of young people affected by displacement and trauma, as well as the impact of Covid-19 on their communities, helping young people to learn how to regulate stress. Our facilitators relate to participants

with empathy, supporting them to develop participatory artworks which support their mental health and ability to process their experiences and trauma.

We will run the workshop between March and August 2022.

## IMPACT

The project will deliver 25 workshops, working with five groups of young people from migrant communities, engaging 75 young people in total.

The young people will benefit from:

- Improved mental health and wellbeing, including increased ability to regulate stress
- Reduced isolation and increased sense of belonging and being part of a team and a community
- Increased confidence, and opportunity to express themselves and feeling listened to

In the last three years our creative wellbeing workshops have made a huge difference to young people, with evaluation data showing a significant impact on reducing isolation, building confidence and a sense of value, which has supported young people to express their ideas and feelings.

“After the sessions, I felt more positive” - Young Person, Young Roots.

“I really enjoyed all the sessions. I’m really grateful to them for making us laugh even in a hard time, I can’t wait to see them again.” Young Person- Shpresa

### **1.3 Which grant-giving categories does your project fulfil?**

E - Work with forced migrants, including internally displaced people

#### **1.3e Work with forced migrants, including internally displaced people**

The project will work in:

- Tooting, working with Caras to reach refugees and asylum seekers
- Newham, working with Shpresa to reach Albanian-speaking refugees and migrants
- Croydon, working with Refugee Council, to reach refugees and migrants (two groups including a girls group and a mixed group)
- Croydon, working with Young Roots, to reach refugees and migrants

### **1.4 Which country is the project based in?**

United Kingdom (GB)

### **1.5 Will the project continue after initial funding has ended?**

No

### **1.6 How will the project be monitored and evaluated?**

We measure the impact of our work through qualitative and quantitative monitoring and evaluation. We will collate information on the number young people reached, alongside demographics, and the number of sessions engaged with.

Our annual impact reports (<https://www.kazzum.org/our-impact>) evidence our reach and show examples of the impact of our work on children and young people in terms of:

- Supporting mental health and wellbeing
- Reducing isolation
- Encouraging self-expression
- Developing creative and transferable skills

## 2.1 Expenditure

EXPENDITURE ITEM	AMOUNT	NOTES
Programme Co-ordinator	£3,232	1 day per week for 6 months
Facilitators (2)	£9,000	25 groups, event and 4 planning/evaluation sessions @£150
Travel	£400	
Materials	£1,500	Project materials, PPE etc.
Sharing	£1,500	Venue hire, materials, catering
Supervision	£600	Supervision and safeguarding
Documentation	£500	Monitoring and Evaluation
TOTALS	£16,732	

## 2.2 Income

INCOME SOURCE	TARGET AMOUNT	AMOUNT RAISED	NOTES
Garfield Weston Foundation	£5,000	£5,000	Secured
Edith M Ellis Trust	£3,000	£0	Application
Other trusts and foundations	£8,732	£0	Applications to various trusts - Steel Charitable Trust, Basil Samuel Charitable Trust.
TOTALS	£16,732	£5,000	

### 2.3 What is the total amount (in £ sterling) your organisation is requesting from The Edith M Ellis Trust?

£3,000

### 2.4 Has your organisation made an application to The Edith M Ellis Trust before?

Yes

### 2.4b Please provide the date of the previous application

September 2012 (successful), November 2016 (unsuccessful)

### 2.4c Was this previous application successful?

Yes

### 2.4d How much did you receive?

£1,650

### 2.4e When did you receive the grant?

October 2012

### 2.5 Please state your organisation's annual turnover (in £ sterling)

£235,436

### 2.6 Do you wish to upload your audited accounts or financial statement?

No

**2.7 Please tell us where payment should be made if your application is successful**

Kazzum Arts Project  
65261130  
089299

**3.1 Your name**

Lauren Irving

**3.2 Your contact telephone number**

07989287488

**3.3 Your position within the organisation**

Executive Director

**3.4 Your email address**

[lauren@kazzum.org](mailto:lauren@kazzum.org)

**3.5 Organisation name**

Kazzum Arts Project (known as Kazzum Arts)

**3.6 Please state the status of your organisation**

Registered charity

**3.7 Please summarise what your organisation does**

Kazzum Arts provides opportunities for children and young people to explore their creativity at times in their lives when they are most in need of support, working across London.

We work with young people who have experienced high levels of Adverse Childhood Experiences which have resulted in social, emotional and mental health issues, communication needs, physical impairment and exclusion and displacement.

In 2019/20, 3,414 children and young people participated in our programmes.

**3.8 UK correspondence address for organisation**

Oxford House  
Derbyshire Street  
Bethnal Green  
London  
E2 6HG

**3.9 UK telephone number**

020 7749 1123

**3.10 UK charity number (if applicable)**

802941

**3.11 Year established**

1989

**3.12 Website (if applicable)**

<http://www.kazzum.org>

**3.13 Social media accounts (if applicable)**

@KazzumArts

<http://www.facebook.com/Kazzum/>

**4.1 How did you hear about The Edith M Ellis Trust?**

Previous application to The Edith M Ellis Trust